Cabin Leader ‘WHAT TO BRING’ CHECKLIST

Cabin Leaders: Items may be added or subtracted from this list. Camp Seymour's classes go on outside...Rain or Shine...please pack accordingly!

BEDDING:  _____ Sleeping Bag
           _____ Pillow
           _____ Sheet (for small twin-size mattress)

CLOTHING:  _____ Waterproof Rain-coat with hood or hat and Rain-pants
            _____ 2 pair of shoes (including Waterproof Boots or old pair of shoes that can get wet)
            _____ Pajamas
            _____ Daily change of socks and underwear
            _____ Heavy and light shirts
            _____ Warm jacket and sweater
            _____ 2-3 pairs of long pants (add shorts in warm weather)
            _____ Gloves (nice for canoeing) and hat
            _____ Plastic bag for dirty clothes

TOILETRIES:  _____ Toothbrush and toothpaste
              _____ Soap and shampoo
              _____ Brush or comb
              _____ Washcloth and towel
              _____ Flip-flops for showering
              _____ Bath Mat or extra towel (cabins do not have bath mats)

EQUIPMENT:  _____ Backpack (or book bag)
              _____ Water bottle and hot beverage travel mug
              _____ Alarm Clock / watch
              _____ Flashlight with extra batteries

RECOMMENDED:
              _____ Lip salve, sunscreen
              _____ Phone
              _____ Book / story to read to kids at night
              _____ Guitar-if you can play calm mellow music at night for your kids!
              _____ Garbage bags
              _____ Personal Reading Material
              _____ Games you can play with your cabin group
              _____ A few “special” stuffed animals to help with homesick kids.
DO NOT BRING:

- Alcohol or Drugs
- Matches or fireworks
- Food (including soda, chewing gum, and candy) (except sack lunch for the first day)
- Valuables
- Electronics (video games / movie players)
- Pets
- Weapons (knives, guns, etc.)