

Life at Resident Camp

Time is spent as a cabin group, a co-ed group of age-mates, and participating in all camp activities each day.

Weekly highlights at Camp Seymour include Theme Day, a cabin overnight camp-out, Seymour's "Whale Swim" tradition, and much more! A typical day looks like this:

Resident Camp Daily Schedule (typical day)

- 7:30 a.m.** Good Morning! Dippy & German Stairs (optional)
8:30 a.m. **BREAKFAST**
9:30 a.m. Morning Inspiration (at Chapel)
10:00 a.m. Activities as a Cabin Group
10:45 a.m. Kapers (cabin and camp clean-up)
11:00 a.m. AM Camptivity (4 days of a chosen activity)
12:20 p.m. **LUNCH**
1:00 p.m. Saska (quiet time)
2:00 p.m. Camptivity (4 days of a chosen activity)
3:15 p.m. Snack & Mail
3:45 p.m. Camptivity (Single Day Sessions)
4:30 p.m. Rec. Time - Open Activities
6:00 p.m. **DINNER**
7:00 p.m. Twilight (cabin or all-camp activity) or Evening Activity (Campfire, skit night...)
9:00 p.m. Embers (cabin discussion or story) and Lights Out

Living in a Cabin or Yurt

Campers live in a cabin or yurt while at camp, with a single-sex group of children who are similar in age and 2 (sometimes 1) college-age staff. Cabins have electricity, heat, and bathrooms; yurts have electricity, with a separate bathroom building nearby.

Living with a group of new friends is different from your own home. In preparation for a great time at camp, talk with your camper about how this might be different from what he/she is used to.

There is room under the bunks to store a bag, and campers will be responsible for their own belongings.

Please check your child thoroughly for head lice during the weeks leading up to camp. All children will be checked for lice upon arrival in camp. Children will not be able to attend camp while there is evidence of lice.

A Note on Showers: Camp days are busy and full, and our schedule does not have an assigned daily shower time for campers. All campers shower before entering the pool, and after their cabin overnight. If your child must shower every day, he/she may do so during Open Activities. Please let the cabin leaders know at check-in and on the "Letter to my Child's Leader" if a daily shower is a specific expectation you have for your child.

Meals

Campers eat meals in our Dining Hall, with multiple options at each meal. For example, a typical breakfast includes pancakes and sausage as the hot option served family style at the table, with cereal, oatmeal, fruit, and yogurt available on the buffet bar. Campers sit as cabin groups for most meals. On cabin overnight-campouts groups cook their dinner and breakfast at their campsites using camping stoves. And, Friday night dinner is an all camp BBQ outside! A snack is provided each day at about 4pm. Some typical meals include:

Breakfast: All breakfasts include options of a fresh fruit bar, cold and hot cereals, as well as the hot meal.

Pancakes & Bacon	French Toast
Eggs & Hashbrowns	Breakfast Burritos

Lunch: All lunches include a fresh salad bar that often includes a sandwich option and soup.

Pizza	Sandwiches
Baked Potatoes	Macaroni & Cheese, Chicken Nuggets

Dinner: All dinners include a fresh salad bar and a dessert.

Spaghetti/Lasagna	Build-your-own Burritos
Baked Chicken	BBQ Hamburger/Cheeseburger